
ENDURANCE

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us. Hebrews 12:1

1) You have need of endurance - Hebrews 10:35-39, Hebrews 2:1-4

- Endurance: Gr. *hupomone* (Strong's #5281), the word combines "hupo," under, with "mone," to remain. The capacity to bear up under. Consistency, perseverance, continuance, steadfast. It describes the capacity to continue to bear up under difficult circumstances, not with a passive complacency, but with a hopeful fortitude that actively resists weariness and defeat. (Word Wealth, The Spirit Filled Life Bible)
- Don't be like so many that are drawing back

2) You have need of patience – Hebrews 6:10-12, James 1:1-12

- Patience: Gr. *makrothumia* (Strong's #3115), From "macros," long, and "thumos," temper. To bear long, to have forbearance, fortitude, endurance, and longsuffering.



3) Endure to the end - Matthew 24:9-14
Hebrews 3:12-15, James 5:10-11

4) Your victory will help others - 1 Timothy 4:15-16

5) Endurance scriptures

- *(love) bears all things, believes all things, hopes all things, endures all things. I Corinthians 13:7*
- *You therefore must endure hardship as a good soldier of Jesus Christ. II Timothy 2:3*
- *But you be watchful in all things, endure afflictions, do the work of an evangelist, fulfill your ministry. II Timothy 4:5*
- *These likewise are the ones sown on stony ground who, when they hear the word, immediately receive it with gladness; and they have no root in themselves, and so endure only for a time. Afterward, when tribulation or persecution arises for the word's sake, immediately they stumble. Mark 4:16-17*
- *But the ones that fell on the good ground are those who, having heard the word with a noble and good heart, keep it and bear fruit with patience (endurance). Luke 8:15*
- *And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. Galatians 6:9*

Endurance illustrations

In 1952, a woman named Florence Chadwick decided to attempt the 26-mile swim from the California coastline to the Catalina Island. During her swim Chadwick traveled with a team whose job it was to keep an eye out for sharks and be prepared to assist in the event of unexpected cramps, injury, or fatigue. Roughly 15 hours into her swim a thick fog began to set in clouding Chadwick's vision and confidence. Her mother happened to be in one of the boats at the time as Chadwick relayed to her team, she didn't think she could complete the swim. She swam for another hour before deciding to call it quits. As she sat in the teetering boat she discovered if she'd just continued on for another mile, she would have reached Catalina Island. "Heroism is endurance for one moment more"

Now faith is the substance of things hoped for, the evidence of things not seen. Hebrews 11:1

The will to persevere is often the difference between success and failure. This is true of learning a new skill or sport or achieving success at school or work. It's been said, "Observe the postage stamp; its usefulness depends on the ability to stick to one thing till it gets there." "Stickability" is also a key to the Christian life. If you want to learn to read the Bible, pray, resist evil or whatever else, learn to persevere. The writer of Hebrews encourages his readers not to be 'quitters' but 'to stick it out' (vv.34-39, MSG).

Therefore do not cast away your confidence, which has great reward. For you have need of endurance, so that after you have done the will of God, you may receive the promise. Hebrews 10:35-36 NKJV

